

hormones in harmony

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beeharmony

RELIEVES MENOPAUSE SYMPTOMS

HORMONAL BALANCE

- ✓ ROYAL BALANCETM
 Standardized combination
 of royal jelly and saffron extract
- Vitamins K2 + D3 + E + B6

Relieving menopause and PMS symptoms with BeeHarmony



CAN YOU RECOGNISE THE TYPICAL MENOPAUSE SYMPTOMS?

- ✓ Hot flushes, sweating
- ✓ Intimacy problems
- ✓ Vaginal dryness
- ✓ Bladder issues
- ✓ Accelerated or irregular heartbeat
- ✓ Joint and muscle issues
- ✓ Physical and mental exhaustion
- ✓ Insomnia
- ✓ Irritability
- ✓ Depression
- Anxiety



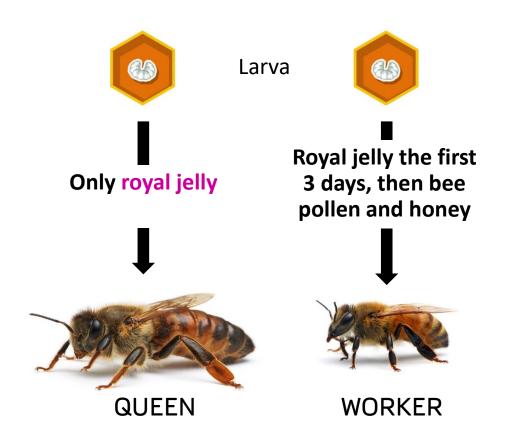


WHAT IS ROYAL JELLY?

- Gland secretion from young worker bees, 6 to 15 days old.
- It contains amazing active substances 10 HDA, which cannot be found anywhere else in nature.
- Royal jelly stimulates genes that affect the fertility of the queen bee, which can lay over 2000 eggs per day, and a million in her lifetime.



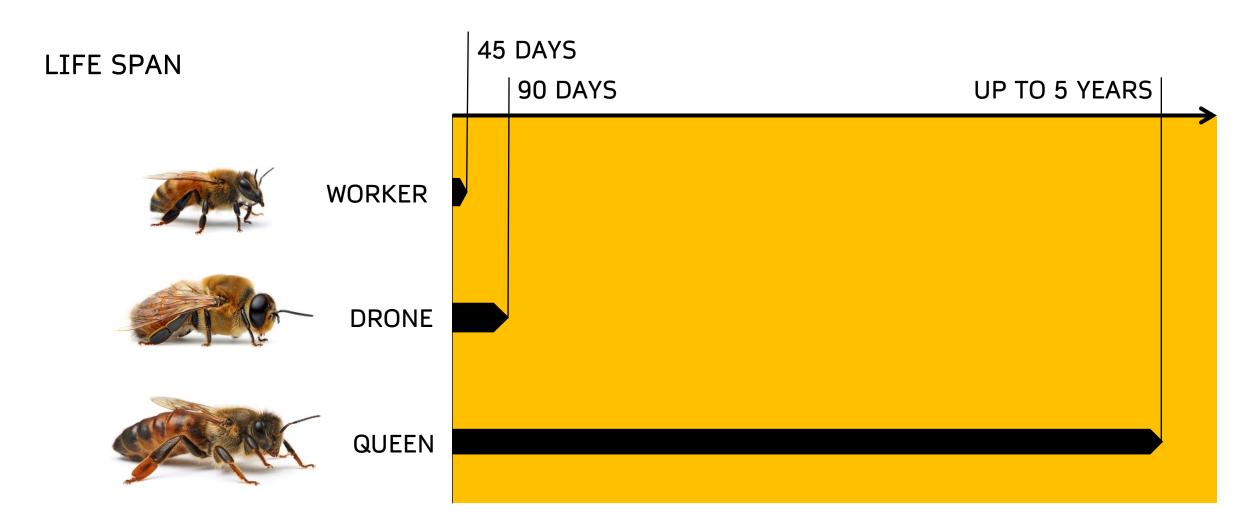
The larva will develop in either a worker or a queen depending on what the worker bees feed the larvae





THE POWER OF ROYAL JELLY

BEING A QUEEN – THE LARGEST, MOST FERTILE, LONGEST-LIVING BEE IN THE BEEHIVE; HOWEVER, GENETICALLY IDENTICAL IN EVERY WAY TO ALL OTHER BEES







CAN ROYAL JELLY HELP BALACING HORMONES IN WOMEN?

REVIEW OF CLINICAL STUDIES

- Reduction of the severity of PMS symptoms by 51% (Taavoni et al., 2014)
- Reduction of the severity of menopause symptoms by 41% (Darsareh et al., 2019)

• Improvement of hormonal regulation in postmenopause (Balan et al., 2020)



AND WHAT ABOUT OTHER NATURAL SUBSTANCES THAT ARE SUPPOSED TO WORK IN SYNERGY?



SAFFRON

REVIEW OF CLINICAL STUDIES

- Reduced severity of premenstrual symptoms and PMS depression by 50% (Hosseini et al., 2007)
- Sleeping improves in people with mild to moderate chronic sleep disorder (Pachikian et al., 2021)
- Alleviating depression is comparable to some antidepressants (Jelodar et al. 2018)
- Libido is higher by 50% in women after 4 weeks compared to placebo (Kashani et al., 2013)



FROM THE IDEA TO THE PRODUCT Saffron (king) and royal jelly (queen)



INDICATIONS

- Relieving menopause symptoms
- Emotional and hormonal balance
- Anti-exhaustion and anti-fatigue
- For sleeping better
- For preserving healthy bones and muscles during menopause

USE

2 capsules a day, 30 min before a meal, at least 2 months, suitable for long-term use.

PACKING

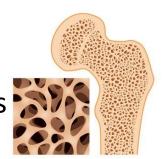
60 capsules (for 30 days)

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PERFECT PAIR: VITAMIN K2 AND D3 WORK IN INTERACTION

- Loss of bone mass accelerates in women after menopause.
- Vitamin D3 stimulates calcium absorption from the intestine, and vitamin K2 ensures that calcium is stored in bones and does not deposit on blood vessel walls.





Healthy bone

• K2+D3 increase bone strength and density, which is associated with lower risks of fractures and bone loss.



Figure 1: The effect of vitamin K on osteocalcin in the presence or absence of vitamin D3



CLINICAL STUDY

Double-blind, placebo-controlled, randomised trial

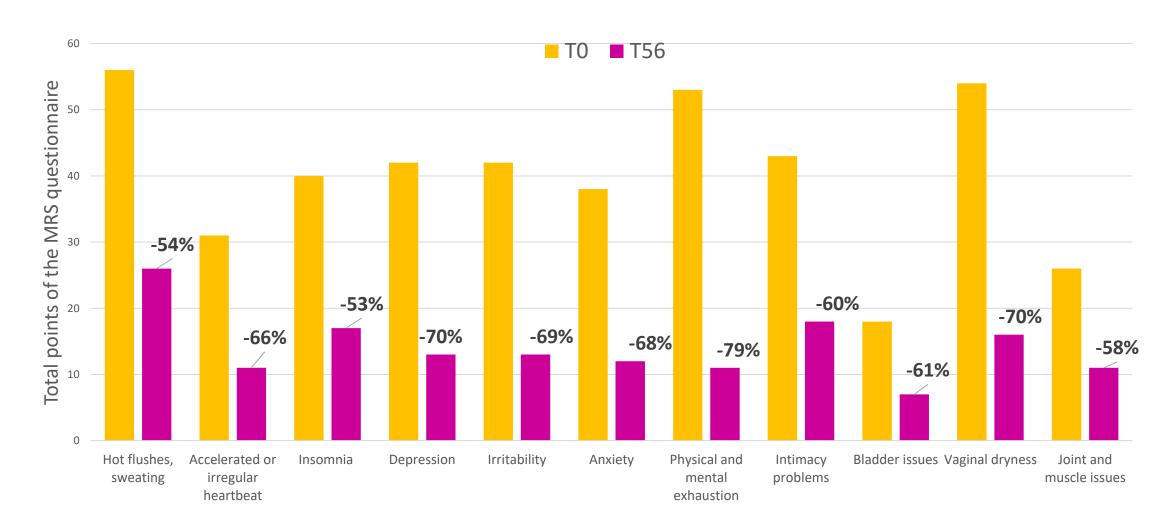
- 25 people in the placebo group (completed by 24 people), 25 in the BeeHarmony group (completed by 22 people)
- women aged 45-60 with menopause symptoms
- 2 months, 2 capsules per day
- Under the supervision of a gynaecologist
- Criteria: Evaluating symptom severity completing MRS
 (Menopause Rating Scale) questionnaires at the beginning, after 1
 month and after 2 months of using



RESULTATS OF THE CLINICAL STUDY

DIFFERENCES IN OVERALL EVALUATIONS IN THE BEEHARMONY GROUP

After 56 days of using, the **severity of the symptoms in the BeeHarmony group decreased by 53% to 79%** (according to the severity of the symptoms at the beginning)





CONCLUSIONS

BeeHarmony is clinically proven to contribute to alleviating menopause symptoms

- √ 79% physical and mental exhaustion
- **√70%** less mood swings
- **√70%** less vaginal dryness
- **√69%** less irritability
- √ 68% less anxiety
- √ 66% less accelerated and irregular heartbeat
- **√61%** less bladder issues
- **√ 60%** less sexual problems
- **√ 58%** less joint and muscle issues
- √ 54% less hot flushes and sweating
- ✓ **53%** less insomnia





SATISIFED USERS

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"The capsules had an extremely good effect on me, mainly they calmed my mood swings, which was my main problem. I work in a women's collective, where we are more or less all in menopause or pre-menopause, so there is a great interest in the capsules and can't wait for them to be launched on the market as soon as possible."

- Tanja, 51

"Too frequent (every 21 days) and too heavy menstruating periods led to chronic anemia. The gynaecologist really tried to find solutions, including hormonal solutions, but nothing worked. About a year ago, another arrhythmia appeared, and we thought it was the result of anemia. At the same time, pain in joints, especially in the hips and knees, and insomnia also appeared. At the time when I felt the youngest, I understood that the cause of all these problems was the hormonal imbalance of menopause. In July, I started taking BeeHarmony. Within a month, the pain in the joints disappeared, and then, I'm not sure when, the arrhythmia as well. In the third month, I already had a period every 24 days, and in the fourth month every 26 days, and for the first time a significantly milder menstruation. The effects of BeeHarmony are noticeable quickly, they actually eliminate problems. And what is most important to me, without using medicinal products, only naturally."

- Monika, 49

"For me, the most annoying menopause symptoms are hot flushes and sweating. All of a sudden I feel hot and I'm as wet as a drowned rat. I don't even have the time to open the windows quickly enough. I'm glad that these hot flushes have subsided, I feel more confident when I don't feel like I'm on fire and I'm completely exhausted. I recommend BeeHarmony, because it is truly natural and effective."

- Suzana, 48

