

## **PURPOSE:**

The protein bar, with its high protein content, is intended for everyone with a varied and balanced diet, and especially for those who have an increased need for protein (athletes, recreational users, children and the elderly).

## USE:

The protein bar is recommended during and after sports activities, when the muscles need protein, when there is no time for a snack, during working hours, at school, and when we do not get enough protein with other daily meals. It is excellent on the go, since it is a convenient solution for satisfying your hunger.

Nutritional value	Per 100g	Per portion 45 g
Energy value	1450 kJ/348 kcal	1653 kJ/157 kcal
Fats	12 g	5.4 g
of which:		
saturated fat	6 g	2.7 g
Carbohydrates	32 g	14 g
of which:		
sugars	1.1 g	0.5 g
polyols	29 g	13 g
Food fibres	13 g	5.9 g
Protein	33 g	15 g
Salt	0.21 g	0.09 g

## **INGREDIENTS:**

mixture of proteins (whey protein (milk), soy protein), sweeteners: sorbitol syrup, maltitol, sucralose, bulking agent: polydextrose, vegetable oils and fats (coconut oil, sunflower oil, cocoa butter), humectant: glycerol, cocoa powder, flavourings, emulsifiers: lecithins (soy, sunflower), tapioca starch, salt. May contain traces of eggs, sesame, peanuts and other nuts.

Warning: We recommend that you drink a sufficient quantity of liquids, at least 2 to 3 litres of water per day. Excessive consumption may produce laxative effects. A varied and balanced diet and a healthy lifestyle are very important. Store in a dark, dry place with temperature between 15 and 25°C..

The product contains one portion.

CODE	PRODUCT NAME	EAN CODE	COMMERCIAL PACKAGING	NENSI CODE
40304	PROTEIN BAR WITH CRÈME CARAMEL 45g	3838988403042	20	1061247